



## Dover Shores CERT Team Meeting Agenda 3/14/19

- High Rise Safety
- Drill
- Recruiting
- Neighborhood Watch Update
- Highway 91 Revisited - Mass Casualty Events
- Infectious Disease - Influenza, Measles, Norovirus

### Upcoming events:

- 3/23 9AM Drill the Skills - Must register before attending - Station 7
- 3/28 6PM Earthquake and Tsunami Workshop - Civic Center
- 5/4 8:30 CPR Class - Station 7
- 5/6 6:30PM CERT All Hands Meeting - Library Friends Room

Don't forget mandatory re-certification

Next meeting: Thursday 6/13 7:00 PM - Larry's Beach



## High Rise Fire Safety

Grenfell Tower: 72 dead

- Newport has 17 high-rises, none residential so far
- US 2009-2013: 14500 high rise fires, 520 injuries, 40 deaths

### 1. Before: Have a Plan

Know your building - escape routes, fire equipment.

Know your floor - people with special needs, consider floor warden

Be aware of what the fire alarm sounds like.

Have a designated meeting place for employees or residents.

Make sure fire doors stay closed and are not blocked.

Make sure fire equipment (hoses etc.) are operable and not blocked.

## **2. Locate Fire and Decide to Stay or Go**

If the fire is above you, probably should go.

If the fire is below you, it may be safer to stay.

If not sure where the fire is call 911 and ask.

Check the door (back of hand) for heat. If it's hot, then stay.

## **3. Don't Panic**

Call 911 and tell them where you are and what your plan is, even if you see firefighters.

If you stay:

- Block smoke with wet towels, door and vents.
- Open a window but don't break it in case you need to close it again.
- Stay by a window and signal with light or sheet so people know you're there.
- Be patient, it may be hours before they reach you.

If you go:

- Brace door with your body, open a crack and check for smoke or fire.
- If you don't hear the alarm, pull the nearest fire alarm.
- Don't go up. If you can't go down, shelter in place.
- Take your key in case you need to retreat.
- If you see any smoke, stay low, consider retreating.
- Test any door you encounter for heat before opening it.
- Make sure fire doors close behind you.
- Don't use elevators
- Move swiftly but safely down the stairs
- Don't jump

Listen to first responders and do what they say.

## **4. Afterwards**

After you are out, STAY OUT

Report to the designated meeting place.

Notify responders if you are aware of anyone still in the building. Take a head count.

Only re-enter when the fire department tells you it's safe.

Organize (CERT?) to help people find shelter or return for their belongings

## Drill

EMComms planning a spring drill, probably May 4.

Should we participate? How?

## Recruiting

Fall meeting is September 12. Propose CERT "open house" with fire truck visit.

Distribute flyers before 9/12.

## Neighborhood Watch News

Major crimes down in Newport

Increases in motor vehicle thefts, garage burglaries, package theft

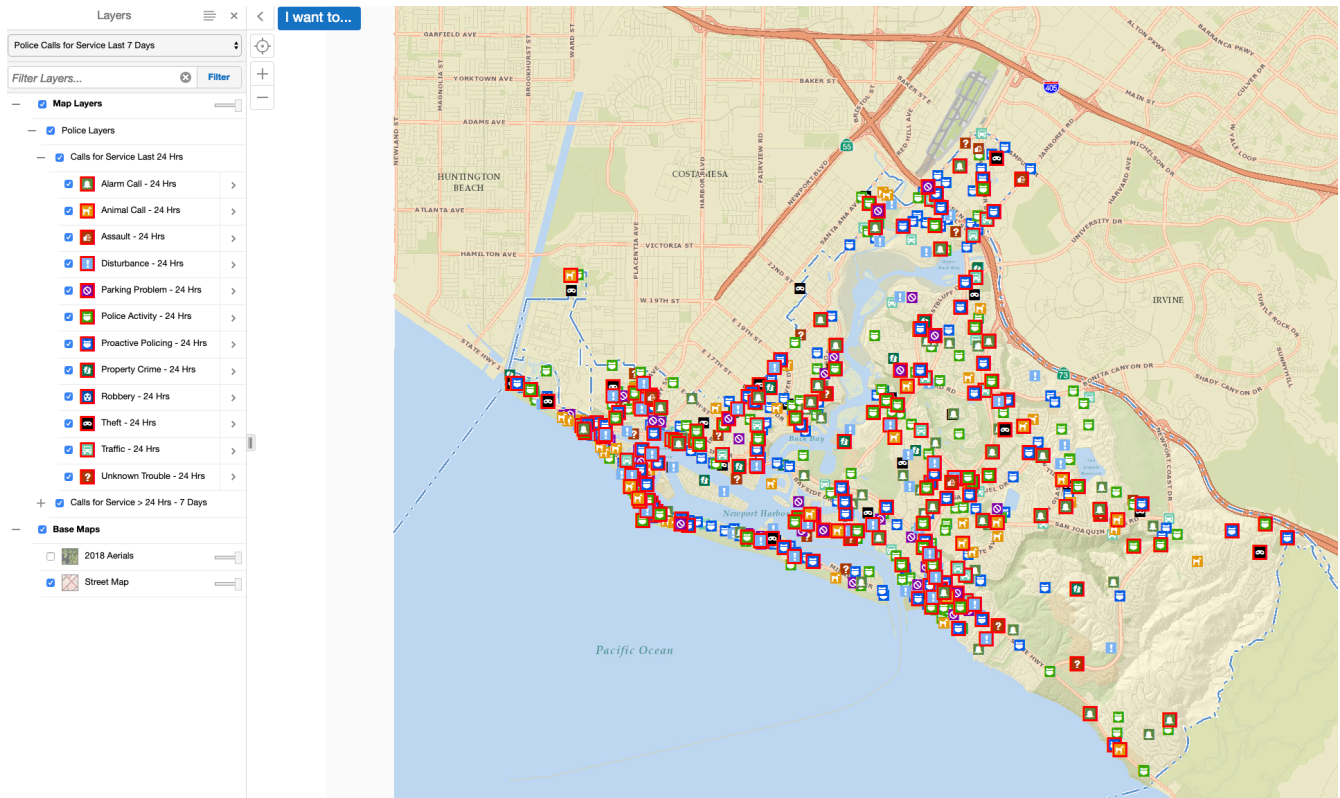
In area 2:

Lt. Dave Miner replaces Lt. Joe Cartwright in area 2

Residential burglaries down 20% in 2018

Homeless most common around Newport Pier and Fashion Island transit center

Map of police activity in last 7 days:







## **Highway 91 Revisited - Dealing with Mass Casualties**

### **Active Shoot Update - Run, Hide, Fight**

Barricade the door - use your body (laying down) if necessary

Don't hide in the bathroom unless the door is barricaded

As a last resort - resist! Shooters often give up after minimal resistance.

### **Route 91 (Las Vegas) Shooting**

11 minutes, 58 dead, 851 insured

22,000 people attended the event

Majority of injuries were from trampling, not gunshots.

Very difficult to identify the source of the shooting

Much confusion and misinformation - multiple shooters etc

UCM - level 1 trauma center erroneously reported full 1 hour after attack (104 patients)

Sunrise - level 2 trauma - 199 patients, 150 in 40 minutes

**STOP the BLEED** - death toll would have been much higher without tourniquets

### **Key Messages**

Don't panic - even in a shooting - think before you run

Bodies are resilient if they don't bleed out - officer treated 4 hours after gunshot

## **Infectious Diseases - Influenza (flu), Measles, Norovirus**

Flu still very active. More severe strain propagating. Get a flu shot!

Measles high infectious. Vaccinated children less likely to get autism.

Pertussis booster recommended

Norovirus - highly contagious - food born - watch for institutional cover-up

Hand washing is among the best protections.

Don't prepare food if you are infected.

Wash clothing of infected people thoroughly